



QA@H NEWSLETTER - JUNE 2019

QA@H EVENTS UPDATE

Remember: Click on date or title for link to registration. Please!

Tue 06/04/2019: SNAP Chapter: IS YOUR HOME OUT TO GET YOU?

(2-4pm, KI Library)

Jay Blankenship, Certified Home Safety Inspector, will guide us through a home walk through with tips about safety from the small tripping hazards and shower hand holds to how a handicapped access ramp might be installed. Members have been forwarding their own photos for him to use as he offers advice.

Tue 06/11/2019: COFFEE MEET-UP and BARISTA LESSON

(10-11:30am, Bada Bean)

Not just any old coffee meet-up! This one will include time to meet and greet, of course, but we've also arranged for the owner of our local coffee roasting company to give us a short course on all things coffee, from roasting to brewing. Bryce Roszell, owner and head roaster of Open Seas Coffee Roasters in Stevensville will share with us his passion for coffee.

NEW Tue 06/11/2019: QA@H To Receive CharacterCount's Proclamation

See article on next page for details. **PHOTOGRAPHER NEEDED!!**

Fri 06/28/2019: FRIEND-RAISER SAVE THE DATE

(more details to follow)

Bring a friend who might be interested in joining QA@H, and we'll do the rest – drinks, appetizers and a great time. SAVE THE DATE – we'll publish time and location soon.

NEW Wed 07/17/2019: SNAP Chapter: LEGACY LETTER

(2-4pm, Chesapeake Heritage Center – Kent Narrows)

A will distributes your stuff, but you are so much more than that. How do you pass on all the things that make you, you? Enter the Legacy Letter, an expression of the most important things you want those dear to you to know about you and your life – and Life. This interactive SNAP workshop will give you tips and exercises to make the process fun and meaningful. Plus there will be snacks! **PRE-REGISTRATION REQUIRED!!!**

NEW Tue 09/10/2019: SNAP Chapter: LEGAL EXPERT ANSWERS YOUR QUESTIONS

(2-4pm, KI Library)

Kandace Scherr, Elder Law Attorney, will give us a presentation and answer questions on a wide variety of topics related to Elder Law legalities, insurance and more. She is happy to address our specific questions and members. Send your questions for Ms. Scherr to the QA@H office so we can forward them to her prior to September 10th. Come and enjoy two fee-less hours with an attorney!

QA@H NEWS UPDATE

❖ **SNAP Binder Roll-Out**

by Betsy Sipes

At last! The long-awaited day had arrived! Our SNAP binders were ready! At the SNAP meeting on May 15, 2019, at the Kent Island Library, we received our binders. Linda Schuerholz led us through the binders. Already inside were a Table of Contents plus dividers for the separate chapters. Some of the chapters already had information supplied. Other chapters have space for us to complete so that information is handy for our own use or for others in time of emergency. There is space for us to include hand-outs and notes from various SNAP presentations. I can see where keeping the binder up-to-date will be an on-going project. But I can also see where it will be a very rewarding resource to have on hand. I'm anxious to get started gathering the information and filling out my binder.

❖ **QA@H Member Meeting Highlights**

- Committee chairs presented their charter and goals for the coming year. The Ambassador and Events Committees can use your involvement to ensure we're reaching potential members and providing activities our members value. We'll use the newsletter to provide on-going updates of committee activities and ways you can help. Remember, QA@H is member-driven, which means nothing happens without you!
- And speaking of involvement, we all decided that everyone is a member of the Member Happiness committee! So please hop on the **MEMBER HAPPINESS SURVEY!** You can fill in an on-line version by [CLICKING HERE](#), or contact the office for a mail or email version.
- Overheard: "Being old is cool!" QA@H is succeeding at a key goal: changing the narrative about getting old! 🍷

❖ Real ID:

- **What is it?** *“The REAL ID Act is a federal law passed by Congress after Sept. 11, 2001, that establishes specific minimum federal standards for state-issued driver’s licenses and ID cards to be accepted for certain federal purposes, like entering a federal building or boarding a domestic commercial flight. Enforcement of the REAL ID Act at the card level begins on October 1, 2020. To be considered REAL ID compliant, you must have the required documents on file with the Maryland Department of Transportation Motor Vehicle Administration (MDOT MVA).”*
- **What does this mean for me?** *“Even if you have the newly-designed driver’s license or identification card, you may need to submit additional documents in order to be REAL ID compliant.” You may need to get a new driver’s license before the renewal date on your current license. You can find out by entering your drivers license number here: <http://www.mva.maryland.gov/realid/realidlookup.htm>*
- **If the answer is “yes”, how do I find out how to proceed?** *Find out what documentation you need to present, and make an appointment here: <http://license.mva.maryland.gov/checklist/checklist.aspx>*
- **I have more questions!!** Go to <http://www.mva.maryland.gov/realid/real-id-faqs.htm>
- **Aaack! I’m not online!** Call the MDOT MVA call center: **410-768-7000**

QA@H Board Buzz

by Jinny Guy

Thank you from the Board to Phil Stapleton for volunteering to write a monthly profile of one of our members. Such a great way for us to get to know more about each other!

Additionally, the Board thanks you, Bob Jensen for offering to present three session small group workshops to help us prepare for our futures. Thinking about the future at this stage of the game can be REALLY easy to put off! (More information forthcoming about “Ready or Not” life planning seminar.)

CharacterCounts! QA@H has been selected to receive a proclamation from the QAC County Commissioners declaring us to be an organization of character demonstrating particular strength in citizenship. (They do a different CharacterCounts! pillar each month to honor both CharacterCounts! and organizations that promote good character.) The presentation will be at the regular Commissioners’ meeting on **June 11** on the second floor at 107 N. Liberty Street, Centreville. There’s parking in the back. The meeting will begin at **5:30 pm**, and the proclamation will be read at approximately 5:45. There’s no need to stay for the whole meeting, and who knows - it could lead to **dinner out in Centreville afterwards!!**

At Home With...

Linda Schuerholz

by Phil Stapleton

For some reason, as I was talking with Linda, I recalled Sherlock Holmes saying: “It’s elementary, dear Watson” (*although it seems he never really said exactly that in any book*).

First, a bit of history: Linda was born and raised in Baltimore County. She lived in only two houses until she was married. While that is interesting, what she failed to mention was there were only two homes in Baltimore County at that time.

She did her undergrad work at Towson, then obtained both her Master’s and Doctorate (the latter in 1979) at Johns Hopkins (*impressive, right?*). She subsequently served as an assistant professor in Department of Neurology at Hopkins.

Linda and Bob were married in 1975 after they had known each other for several years. They built their home on the Eastern Shore (a lovely spot along the Wye River) in 1999. They started building their Eastern Shore house with the idea that it would be their “retirement home” - they would come over on weekends to enjoy the property. But one day Linda was sitting upstairs in her office in the “retirement home” working on yet



another technical paper (*in the “publish or perish” world of academia*) while Bob and their son Robert were out on the dock playing with crab pots and she had her epiphany: why aren't we living here full time? And that was that. It's elementary, right?

Linda found positions with the Eastern Shore school systems as a school psychologist, first in Caroline County, then in Queen Anne's. She did this for 12 years. After retiring from full-time work, she kept her part-time private practice for about 5 more years then retired completely.

Now that the working life is behind her, what does Linda like to do with her spare time? Well, let's see:

- Photography, including the addition of silly captions (*you can ask Linda to fill in the details here*). She also loves taking close-up images where it is not abundantly obvious what the subject is.
- Writing silly books about the mice and squirrels who enjoy her backyard.
- Boating and gardening. She's in charge of mowing the lawn, because there's a right way to do the job (geometrically speaking) and it provides immediate gratification. It's elementary, right?
- Spending lots of time with her 10-year old granddaughter who likes horses and sailing, but hopefully not at the same time.
- Enjoying the lazy life of St. Petersburg, Florida for several months in the winter.
- Traveling: Especially Italy and small ship cruises. She also loved Alaska. Where to Next -- Portugal & Spain? Pacific Islands? Antarctica? Venus or Mars? Ah, the joys of retirement!

Why does Linda love Queen Anne's @ Home? I guess you could say it's elementary! First there is Linda's experience with her own Mom, who might have been able to stay in her own home longer if an organization like QA@H had existed. Also, Linda has no interest in moving from her home anytime soon. She also loves the “members helping members” philosophy. Perhaps this explains why she has taken a leadership role in the Senior Navigation Plan (SNAP) process.

So, the next time you see Linda, ask her to explain the SNAP process. Or ask her about mice and squirrels. Or maybe ask her to mow your lawn!



QA@H T-Shirts available!

We have arranged with **AllAmericanAwards**

(1623 Postal Rd, Chester, MD 21619)

to print QA@H t-shirts on demand!

They can provide the shirt, or you can bring your own.

Shirt plus printing is \$12.50; printing alone on your shirt is \$7.00.

They're open Tues-Fri, so call ahead (410-643-7200)

to make sure they're there.

Wear your QA@H T-shirt with pride!

Got ideas? Questions?

CONTACT "THE OFFICE" at (410) 635-4045

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