



QAH NEWSLETTER - MAY 2019

QAH EVENTS UPDATE

SNAP: Roll-Out and Binder Distribution! **Wed 5/15/19** **2-4 pm** **Kent Island Library**
Come and get it! At last, your very own SNAP Binder - including inserts and hand-outs - awaits you!
We'll also learn about – and provide input to - future SNAP plans. [Click here to register](#)

MEMBER MEETING **Weds 5/15/19 immediately following SNAP Roll-Out + Binder Distribution**
Directly following our SNAP binder/materials roll-out, we'll call a Membership Meeting to order, the primary purposes of which will be to update everyone about what QAH has been up to, get input on member preferences and ideas, and solicit help with key initiatives.

MEMBERS, PLEASE ATTEND! QAH is your organization and needs your input. [Click here to register](#)

QAC Senior Summit **Fri 05/17/19** **9am -2pm** **QAC 4-H Park**
QAC Dept. of Community Services and Area Agency on Aging are sponsoring the 2019 Senior Summit, an annual public event celebrating and connecting the community with resources (including QAH!!) specifically important to seniors and the aging population. Admission is free and there'll be vendors, prizes & plenty of fun! Call (410) 758-1040 for more information.

NOTE: QAH will have an info/recruiting booth at this event, and we need some HELP!
Please call the QAH office [\(410\)635-4045](tel:4106354045) if you can assist for any part of the day.

SNAP: Is Your Home Out to Get You? **Tue 06/04/19** **2-4 pm** **Kent Island Library**
Have you figured out how to ensure your home is going to help you "age in place"? What are your options? Our speaker, Jay Blankenship (PT, Certified "Aging-in-Place" Home Safety Inspector) will walk us through important guidelines and options. During this workshop, we'll work on completing our own "home inspection" plans. [Click here to register](#)

QAH NEWS UPDATE

April has been an extremely busy month, and the pace continues into May! Here are the Cliff Notes:

❖ **Board Changes**

- **Russ Mail** has agreed to serve as our Vice President
- **Adalberto Sodani** is stepping in as new Board member and Treasurer
- **Jinny Guy** is taking on the role of Secretary

❖ **Amped Up Recruiting Effort Underway!**

- We've set a goal of 45 households for our membership drive. That's about 3 times as big as we are currently! And that means we need all our members to actively recruit friends, work on outreach efforts, and generally help us grow QAH to meet our "critical mass" target.
- To help make that easier, we are instituting an **Introductory Rate through June 2020:**
- **Annual single rate will be \$120; household rate will be \$180**
- As a "thank you for believing in us!", **existing members** (paid in full as of 4/1/2019) will be given the same rate at the time of their next renewal.
- Starting with our June SNAP, members may extend a one-time invitation to friends to "preview" QAH and check out our SNAP program. It's a great way to showcase QAH!
- More recruiting info will be discussed at the **5/15/19 Member Meeting – please come!**

Questions? Ideas? Contact the QAH "office" at
410-635-4045 or ourqah@gmail.com.

SNAP NOTES



Our own Peggy Shaefer presented us with a fun, funny and informative session to help us **DECLUTTER** our closets, garages, basements and attics - not to mention that catch-all drawer in the kitchen! She had handouts (which will get posted to the QAH website), display items, and a hands-on demo of how to fold a shirt for maximum space saving. The group came up with other ideas: Not everyone needs that rarely used power washer in the garage – why not have a **shared** piece of equipment? (This will also be set up on the QAH website!) Do all of us need to keep a china service for 12 that we never use? Would you like a de-cluttering buddy to help you – our own SWAT-It-OUT team? Stay tuned for notices about special DeCluttering/Stuff Wrangling coffee meet-ups! Another resource: [CLICK HERE](#) to link to the **Kent Island FreeCycle** group.

Another idea was to set up **QAH accounts at local consignment shops**. You can now take your items to the following shops and specify that you want the consignment proceeds credited to the Queen Anne's At Home account. Check each shop for any restrictions on goods they accept.

- **Second Hand Rose**, 1608 Postal Rd, Chester, MD 21619 → **ACCOUNT # 2953**
- **Today's Yesterdays**, 1810 Main St, Chester, MD 21619 → **ACCOUNT # Q2**
- **Babies in Bloom**, 623 Railroad Ave, Centreville, MD 21617 → **ACCOUNT # 8360**

And now for the special treat promised in last month's newsletter:
Here's the first in our new series of **Member Profiles**.

At Home With...

Jinny Guy

By Phil Stapleton

Might there be an overarching theme to Jinny's life so far? Well, perhaps it could be "*harmony*".

First a bit of history:

Jinny grew up in central Indiana. When the time came, she attended Indiana University where she met her future husband (Steve) during Orientation Week. The orientation apparently was a wild success since they have now been married for 54 harmonious years!

Jinny and Steve had two sons right away and Jinny stayed home with the boys until Steve started up his dental practice in Silver Spring after he left the Navy. It seems Steve's preference was to drill holes in people's heads, so Jinny stepped in and managed the business aspects of the dental practice (*harmonizing the books, for example*). She managed the dental practice for 36 years. In her free time while living in Silver Spring, she helped organize and appeared in a "Little Theater" group with other PTA parents. The group performed seven musicals, including *Oklahoma*, *Fiddler On The Roof*, and *Annie Get Your Gun*, among others.



After retiring from the world of dentistry, Jinny & Steve decided to move to the Eastern Shore. While Jinny considers herself to be a “city person”, she truly loves the casual, down-to-earth and friendly atmosphere of the Shore. After living on Kent Island for a number of years, they decided to move to Symphony Village in 2011.

Jinny was involved with Sweet Adelines for more than twenty years. For those of you who might not know, Sweet Adelines is a worldwide organization of women singers committed to advancing the musical art form of barbershop harmony. During that time, she pretty much did it all -- directing one women’s chorus for eight years, singing in a quartet for ten years, serving on various Boards, etc. (*The harmony theme is pretty obvious here, I suppose*). She also directed one men’s Barbershop chorus in which her husband Steve and I both sang.

Over the years, Jinny has done a ton of volunteer work for and served on the boards of several organizations including Character Counts, Court Appointed Special Advocate and the League of Women Voters. She has also been active with Community Mediation Upper Shore, where she has conducted mediations and served on the Board. Her latest volunteer/Board venture is the About Child Trauma Foundation (ACT). This organization provides critical education and research which helps children and families heal and move forward from trauma. (*Perhaps helping such families find some harmony*). And, as you probably know, Jinny also currently serves on the Board of Queen Anne’s at Home.

In her free time (*although it’s a bit hard to see how there is any*), she likes to knit, read and spend time with friends. She’s also a bit of a yoga nut, perhaps seeking harmony with the universe! In addition, Jinny & Steve have five grand-kids that tend to chew up some time (but makes Jinny very happy). I should also note that she and Steve are on a quest to visit all the US state capitals - they still have eleven to go.

Jinny loves the energy of QAH and sees great things for the organization in the future. She is happy to help folks get themselves organized or show folks how to make jewelry, among other skills. Give her a call if you are feeling harmonious.

Want to suggest a member for an upcoming profile piece? Contact Phil Stapleton at marqanphil@gmail.com

HELP WANTED

We all know that QAH is a member-based, member-driven *COMMUNITY*. Which means **nothing happens without members pitching in**. Here are a few areas where QAH could use your talents:

❖ **MARKETING!**

We’ve kicked off our big recruiting push, but that will be so much more effective if we can put together the strategy and vision to focus our efforts and make the “QAH Brand” really work for potential members. Do you have ideas on how to do that? Then we need you!

❖ **COMMUNICATIONS!**

Every time you hear from QAH, someone has thought up, written, published, emailed or snail mailed it. Hearing from the same person will get tiring pretty soon, so we’d love writers, publishers, illustrators and dreamers to get involved. This could be your way to help out!

❖ **EVENTS!**

The more times we get together - doing different things, working on projects, enjoying each other’s company – the stronger the QAH community becomes. Do you have ideas and can help set something up? Let us hear from you!

Can you help? Contact the QAH “office” at 410-635-4045 or ourqah@gmail.com